



SLEEP STUDY REFERRAL FORM

PATIENT INFORMATION:

NAME: _____ HEIGHT: _____ WEIGHT: _____ DOB: _____ SEX: _____
 SOCIAL SEC. # _____ ADDRESS: _____
 HOME PHONE: _____ CITY/ST/ZIP: _____
 WORK PHONE: _____ CELL PHONE/OTHER#: _____

INSURANCE INFORMATION:

INSURED NAME: _____ INSURED SS#: _____ INSURED DOB: _____
 INS. CO. _____ I.D. # _____ GROUP # _____

PHYSICIAN INFORMATION:

NAME: _____ PHONE: _____
 ADDRESS: _____ FAX: _____
 CITY/ST/ZIP: _____ SPECIALTY: _____
 SEND REPORT TO ABOVE: YES NO IF NO, SEND TO ADDRESS/FAX: _____

STUDY REQUESTED: History/Physical notes of office visit must accompany this referral

- FULL SERVICE - PSG, If Positive (AHI>15) Follow with Titration & CPAP Placement for Home Use
- Diagnostic Sleep Study – Polysomnogram (PSG) CPT-95810
- Titration with Nasal CPAP or BIPAP (circled which is preferred) CPT-95811
- PSG w/Multiple Sleep Latency Test (MSLT) CPT-95810 & 95805
- PSG w/Maintenance of Wakefulness Test (MWT) CPT-95810 & 95805

SPECIAL INSTRUCTIONS / NEEDS: _____

Patient has a trach? Yes No If yes, do you wish trach OPEN CLOSED
 Patient on Supp. Oxygen? Yes No If yes, do you wish O2 during the test? Yes ___L/min No

I would like my patient seen in consultation with the Sleep Specialist Before After testing.

REFERRING DIAGNOSIS: (Must check at least ONE)

- Sleep Apnea (327.23) Restless Sleep (780.56) Periodic Limb movements (327.51)
- REM Behavior Disorder (327.42) Sleepiness (780.54) Sleep Walking (307.46)
- Night Terrors (307.46) Narcolepsy (347.00) Hypoventilation (327.26) Other

INDICATIONS: (Must check at least TWO)

- Snoring Morning headaches Waking feeling tired
- Daytime sleepiness/napping Leg kicking while asleep Restless sensation in arms/legs
- Witnessed apnea Restless sleep Awaken with gasping or choking sensation
- Difficulty falling/staying asleep Impaired cognition Irritability
- Sleep paralysis Sudden loss of muscle strength brought on by strong emotion
- Other: _____

MEDICAL HISTORY: (Must check all that apply or NONE)

- Hypertension Congestive Heart Failure Obesity
- Pulmonary Hypertension Asthma Emphysema
- Diabetes Nasal Obstruction Seizures
- Cardiac Problems Nocturnal Reflux/GERD Stroke
- Mood Disorder Other _____ NONE
- Previous Sleep Study (location & date): _____ Currently on CPAP/Bi-Level _____ cm H2O
- ALLERGIES (Please Note): _____

I AUTHORIZE SSA TO PERFORM SLEEP STUDIES ON ABOVE PATIENT ACCORDING TO THEIR PROTOCOLS, INCLUDING URGENT INITIATION OF O2 & CPAP.

PHYSICIAN SIGNATURE: _____ DATE: _____